

OVERHERD

A HAPPY
NEW YEAR

It is so hard to believe that the Horse Protection Society has been rescuing equine and placing horses in new homes for 15 years! 2013 was a difficult year, but once again blessings brought HPS through it.

Many months we fell short of needed funds by \$3,500. December and the first part of the New Year are our most important times of year to collect needed funds that help us through the next few months. The record sales at our Tack and Treasure Sale helped for several months during the summer to cover costs. An unrestricted grant relieved a good deal of the stress and we used it for elective medical care, dental, chiropractic visits and to cover some shortage in the budget. It would have been very difficult to provide these services without this generous grant.

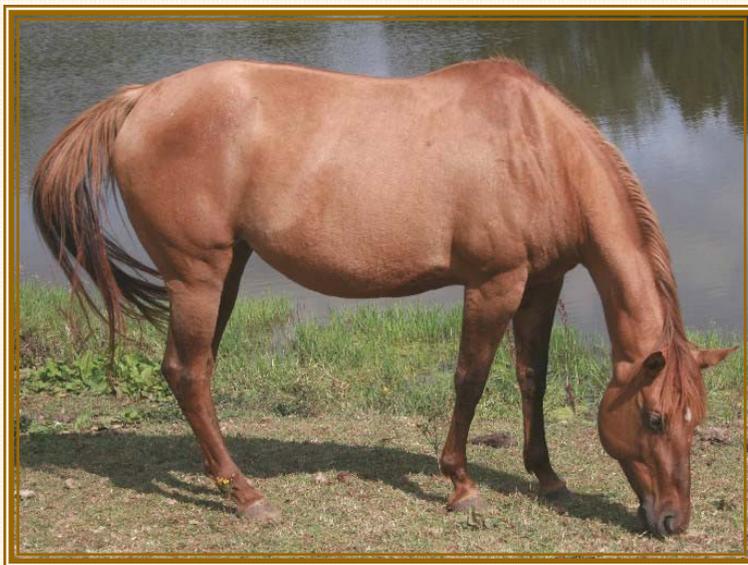
It takes two years to collect enough items to have a Tack and Treasure Sale. We will not have that income in 2014. We will be happy to take in your donations of items at any time. We always sort out what we can use here at the sanctuary for the horses first.

2013 has also been the most difficult year we have ever had for placing horses in new quality homes. Please help to support the 51, soon to be 52 rescued equine at the sanctuary.

*Our heartfelt gratitude to everyone who has aided in the costs of the wonderful horses at the sanctuary.
Happy New Year!*

Foal Shower

Cayenne is due to foal who knows when? We keep watching her for signs that the event is close, with no indications yet. Since we already have a full barn, the addition of a new small member presents its own problems. The majority of foals are born in the early morning hours, but my limited past experience has taught me the birth can take place anytime of the day or night. The best situation would be to find a quality home for



Cayenne that would like also take on a foal to raise. Please ask your horsey friends to help us out and give Cayenne and her foal a new home.

Getting ready for the event will take a good bit of work and we could use extra help. Cayenne and the foal are going to be moved to the small front field, where normally the starved horses remain until they can join a group of horses. There are two buildings with two stalls in each. To make the stall large enough for the two we will need to remove the boards that separate each stall, so we have one larger stall to accommodate the two comfortably for good protection from the weather. Turk will have to give up his stall and we will move his area to another building close by. (That maybe the easiest part.)

Foals are escape artists. The field is going to require a good deal of re-fencing to keep the foal in and the other horses out of the area.

(Cont. on Page 3)

A Special Thanks To Our Wonderful Contributors

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Pam & Joe Currie	Sue T. Immen	June S. Parker	Nancy J. Zuilkowski
	Mary & Arnold Isaacs	Sharie Penny	

Health Tips

I had another article for the New Year, but felt this issue was much more important. Mainstream media reported the findings in a study that mistakenly reported that all multivitamins to be worthless at preventing diseases and provide no health benefits. All these reports are based on an article published in the *Annals of Internal Medicine*, a pro-pharmaceutical publication.

Looking at the study you learn once again the research is based upon the cheap, low-grade, synthetic vitamins and inorganic minerals, which are nothing more than a chemical cocktail and should not be taken. The pharmaceutical interests have a financial incentive to make multivitamins look bad. Also, they are the ones who manufacture the low-grade synthetic vitamins that you buy at the big box stores and other places that will not provide health benefits to you or your children. These companies make their money selling prescription drugs to you. If you are healthy, you do not need their drugs!

I have written about vitamin E studies of synthetic vitamin E, which has a long history of being toxic. The researchers never looked at the full-spectrum natural vitamin E, including the tocopherols which are so good for keeping your heart, brain healthy and so many other benefits. Every person needs to be taking good natural vitamins and minerals for optimum health along with a healthy diet. Or you too can support the pharmaceutical companies and take their prescription drugs for the rest of your life.

Wishing you a Happy Healthy New Year!

Honors and Memorials

Merry Christmas to Judy and Tony Leonardo, Jim and Sue Elmo, Tony and Amy Leonardo,
Kris and Dave Cantleberry, Anita and Brude La Rowe, Andy and Susan Mackay. From Janet & Lou Elmo

Merry Christmas, Mary (McNeilly).

From your Mom (Marjorie Green)

In honor of Doug and Ann, Merry Christmas with Love

By Martha Stacker

In honor of Tiffany Ferebee.

By Ann & Benjy Seagle

A special gift in honor of my husband, Floyd.

Merry Christmas. Betty

A special gift in honor of my daughter, Kim.

Merry Christmas. Mom

Merry Christmas, Betty!

From Floyd

In honor of two people who love horses and use them to help children with special needs,
Harry and Marilyn Swimmer.

By Diane & John Kibler

In honor of Ann Seagle.

By Tiffany Ferebee

In honor of Pam Chandler.

With love from Toby Boyce

In honor of my granddaughter, Vivi Aubel.

By Grandma, Nancy Aubel

In honor of Lisa Murray's Birthday.

By Sybil Athey

In honor of Martha and Phillip Minter of Maiden, NC.

By David Cotter

In memory of sweet Snickers, Beloved friend of Miss Angel Lehouf,

January 30th, 2002.

Always in my heart, Roberta

In memory of Chesapeake. As a riding partner, she was willing, dependable, protective and safe. As a barn &
pasture buddy, she was sweet, laid-back and grateful. I will miss her.

By Nancy Clark

In honor of our daughter, Shelley Bradley.

By Laura Bradley

In memory of Winnie Littlejohn, Pam's mother.

By Judy and Einar Oleson

Foal Shower *(Cont. from Page 1)*

Baby shower! Then there are all the things needed for a foal. We normally have on hand the medical supplies needed except a tube of K-Y jelly. What we do need is a new **foal halter** and the **next size** needed for baby. All of our halters are used and it would be really nice to have a new one for the foal and also, **a light weight lead line**. A **foal blanket** is a must since new babies can lose body heat very easily. If someone has a nice one in their barn supplies, we would be happy to have it donated to the cause.

If there is someone who loves having babies and would like to have Cayenne placed with them, we are open to talking with you. We think Cayenne was bred to a paint stud. Raising a foal can be fun, but is more difficult for us at the sanctuary with so many other horses to care for. It would also open a stall for a starved horse to come and we could save another life. If you know someone who has said they would like to have a foal to raise, please suggest Cayenne to them.

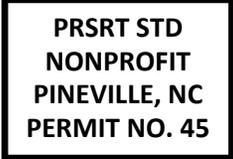
***New volunteers are always welcome at the sanctuary.
You do not need horse experience! Just a big heart and
willingness to help!***

Donation From: _____ Phone# _____
 Address _____ City _____ State _____ Zip _____
 Email address _____ Please use my donation for: \$ _____ General Use ,
 Angel Sponsor\$ _____ Angel Sponsor: \$20 for 1 month \$60 for 3 months \$120 for 6 months \$240 for 1 year
 Whom would you like to receive your - Honor, - Memorial, or Angel Sponsor (please circle)?
 Name: _____ Email: _____ Phone _____
 Address _____ City _____ State _____ Zip _____
 Your message for the newsletter: _____

 **Any donation is appreciated. Please make your check payable to Horse Protection Society.
 **For a \$25 or more donation, the named person can receive "Over Herd" for 1 year.



Check our out website:
www.horseprotection.org
 Horse Protection Society
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 China Grove, NC 28023



Address Correction Requested

Naming the Pony

Normally we are good about helping a new horse by giving him or her a list of names to pick from shortly after their arrival. So many folks had strong feelings on the type of name the pony should have. No one could agree! This went on way longer than we like, so we decided to give folks a chance to add names to the long list we already had..... The end result was 30 possible names!

The following are a few of the comments stating why they were adding a particular name:

"I'm writing in "Hoover" because he's like a little vacuum cleaner.... Nose down and sucking up any crumb he finds!"

"I'm going to add "Houdini." How he gets in and out of the front field and here and there and everywhere is a bit of a mystery to us all."

"I call the pony "Little Bit" - have since day one!!!!!"

"I really don't like any of the names, but will write in: Winchester and Remington or Little Bit."

Finally the deadline came for adding names to the list. All the folks had two days to look over the list of 30 names and could pick as many as five names they liked the best.

It was fun to do the final tally. There were five names that did not even get one vote out of 117. The top names selected were: **Beau** got nine votes. **Hoover** got 10 votes. **Little Bit** got 11 votes. **Peanut** got 11 votes. **Rocky** got 11 votes, also.

The next step was to ask the cute little pony which name he liked the best. Robyn and Phoebe took on the task of getting his full attention and presenting the selected names. He really disliked Hoover and turned his head away. The name he liked the best was Beau.

Little Beau needs Angel Sponsors to help offset his expenses. Please consider becoming Beau's Angel!

