



OVER HERD



February 2015

Updated News from HPS

All of the tax notices for donations and items donated have been mailed. If you have any questions, please feel free to call or email: horseprotection@windstream.net.

Please keep HPS updated with your correct email address and any change in mailing address. We do not mind mailing the Newsletter to individuals that donate to aid the horses. (Not everyone has email.) HPS has had to cut our mailing list back to save needed funds for the horses and have eliminated people who have not contributed to the horses in a long time. Others may have to be removed from our list in the future. We hate to have to do this, but keeping costs down is imperative. We understand that many folks have been hit hard by the slow economy and we pray that things will improve for them and that they will once again remember the horses here at the sanctuary.

There are things that individuals can do to help the horses. Just ask your friends and neighbors to save their aluminum cans to donate to help the rescued horses. Some employers will allow you to put in a collection bin for cans.

Ask your friends and neighbors if they would donate items for the upcoming Tack and Treasure sale. Every gal can look through their jewelry box and find a nice item or two to donate. It is a good time to clean out a closet of the items that you have been gifted that you will never use. Are you tired of the collectibles you have dusted for years? Get a nice tax deduction for donating them to HPS. This is not your typical yard sale and we are looking for special items.

Do you work for a large corporation? Many of them have matching gift programs. Some companies like Bank of America match dollar for dollar and some companies match a percentage of the donation. This adds up each year and is a wonderful benefit.

We pray that this is good year for everyone.

Sometimes the horses here are like a soap opera. Cayenne just kicked Bandalero to the curb and is hanging out with another mare and a couple of geldings. Memphis

dumped Bandalero after he kept two-timing her and she took up with Kit Carson. Autumn and Commodore have a thing going on once again. Wind Dancer and Cree have been together forever. Every day is Valentine's Day for the horses at the sanctuary. They can decide who their latest flame in their life is going to be and who is fun to hang out with!

The few warm days in January have caused some of the horses to start shedding way too early. Most of the horses have enjoyed lying in the sun sleeping on the nice warm days and some of the trees in the woods have started to show slight budding. Several of the horses were playing in the pond. The folks here enjoyed the break from colder weather also.

Each person who has horses needs to watch closely for signs of colic due to the continuous change in weather from hot to cold again. The UK did a study of 1,800 horses that coliced and the only common denominator was a change in weather conditions. Most veterinarians are well aware of how weather influences horses colicing but I find that owners are not. One of the big problems is the horses will not drink as much water when the temperature drops. By adding a small scoop of sea salt to the horses' feed morning and evening can help aid the horses to drink more water. (Salt Blocks are not enough.) This is a small price to pay compared to paying to save the life of a coliced horse. Heaters in the water tubs also will help to encourage your horses to drink more water. Remember that colic kills more horses than anything else!

If we take care of our beloved horses they can live a long and happy life. Some of the horses at the sanctuary will not find a special home and that is okay since we love every one of the horses. We can provide for their every need with your help.

Happy Valentine's Day to the Horses!



News from the Herd

Bandolero and **Wind Dancer** had to have an emergency veterinarian visit by Dr. Mary Gochnauer. We saw Bandolero rub his eye and damage his eye lid to the point he had to have stitches. It is amazing that even while you are watching, horses can hurt themselves and there is nothing you can do to stop them. Within two seconds blood was running down his face. These things always seem to happen outside of normal office hours and it has to be an emergency visit which costs more. Wind Dancer had an ulcer on one eye and we were treating it and then she injured the other eye the same morning as Bandolero. Treating eye injuries as quickly as possible is very important.

Sonoma has been a management problem. He is one of the type of horses that you get one issue taken care of and he develops a new problem. Sonoma had a growth next to his esophagus when he returned to the sanctuary and he would choke if his feed was not soup. We put him on turmeric and flax seed oil, other antioxidants and the growth disappeared. This allowed us to greatly reduce the amount of water on his feed and we hoped he would eat better and gain the last of the needed weight. Then Sonoma developed a weakness in his hind quarter and tested positive for EPM. He was treated for EPM and did fine. Then he started having laminitis episodes. He did not do well on the Pergolide and the laminitis worsened. We have put him back on the Pergolide, along with other supplements and he seems to be doing better. It is so important to keep a horse with laminitis moving. He is taken to the training arena every day and lightly exercised for about 20 to 25 minutes. The more he moves around the better it is for Sonoma. We are going to need to have additional testing done.

EPM tested horses: Eight of the ten horses tested positive for EPM. We selected the four horses with the highest numbers to treat first, Sweet Pea, Hopi, Quera and Comanchero. Comanchero was the only horse that showed weakness in his hind quarter. We will order the medication for the other four horses so they can be treated, Chicopee, Moonlight, Flame and Natchez. Each one had an eight on all three titer tests, SAG1, 5 and 6. One study showed that 80% of the horses in North Carolina have been exposed to EPM.

Comanchero also showed indications of DSLD (Degenerative Suspensory Ligament Desmitis). We prayed that the weakness was from the EPM since that can be treated and not DSLD since there is no cure. Comanchero kept going down even after the EPM treatment, so we knew the weakness was from the DSLD. Each time he would have to be helped up. This is an illness that is very progressive and can affect all of the connective tissue in the horse's body. The kindest thing to do for him was to quietly let him pass over the Rainbow Bridge. Comanchero was well loved at the sanctuary and this impacted each of us greatly.

Hopi had a gas colic and recovered quickly.

Cloud is the type of horse that has gone in and out of laminitis since she came to the sanctuary and before. She has the typical body type that is so prone to this issue. Cloud looks at food and gains weight. By restricting her hay and feed and keeping her moving has helped a great deal to help her though her latest episode. The hay is spread out over a large area in a thin layer to help keep her moving.

Too many Free Unwanted Horses

HPS receives calls and email each week requesting us to take in their unwanted equine. Some of these folks did not think through the cost of care and let their heart rule..... "I'm a single mom and took in....." It is kind of them, but not if they do not have the finances to care for the horse(s) or the expertise to handle them or a knowledge base for their correct care.

Some of the horses are semi-wild and have never been trained. One lady allowed a stud colt to breed back to his mom!!! Another person had taken in two untrained donkeys that no one can catch nor have they had their hooves trimmed in months and months. Many of the animals have severe health issues and these Good Samaritans either do not want to, or cannot pay for the horse's care.

Many do not want suggestions about how to solve their problems with their equine, but just want to dump them and make it someone else's problem once reality hits. There is no solution for all the unwanted horses.... Unless we win the lottery..... but small problem, we never buy tickets. *Please consider leaving a legacy to the rescued horses. It can aid one horse at a time or make the world a better place for many horses.*

Honors and Memorials

In honor of my wife, Alice Bischoff. By Robert Bischoff

Merry Christmas to Susan Williams. Love Troy & Emily Forguites

Merry Christmas, my wife, Betty Lentz. By Floyd Lentz

Happy Birthday to Betty Lentz from her husband Floyd Lentz.

In honor of my mother, Betty Lentz. Happy Birthday! By Kim Clark

In loving memory of Joseph and Laura Saints. By Sheila Saints

In honor of Richard P. Donovan. By William Donovan



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Health Tips

Gluten in wheat, (spelt, kamut, triticale- types of wheat), rye and barley are being blamed for the health issues. Wheat today barely resembles what our ancestors ate and this is why Celiac disease and gluten intolerance are becoming so prevalent.

The is a link, in some cases, between Candida overgrowth and gluten intolerance. Our gut is filled with bacteria and if properly balanced, the beneficial bacterium far exceeds the bad bacteria and yeast. When the level of good bacteria drops in our gut, and we eat sugar, simple carbs and drink alcohol that change into sugar, Candida will flourish. Eighty percent of our immune system is in the gut and good care needs to be provided to stay healthy. When Candida erodes the lining of the gut, undigested food particles and large proteins, like gluten, are leaked into the bloodstream and the lymphatic fluid. This is the root cause of many autoimmune diseases and allergies.

Candida can grow into long strains adding many inches to the belly. Some estimates say that 70% of the population is infected with Candida. Some cases of gluten intolerance can be cured by eradicating the Candida and if the gut is completely healed and the immune system has healed.

There is another factor that maybe affecting what individuals feel is gluten intolerance. Monsanto literature encourages the use of Roundup to be applied on many crops to include wheat, barley, oats, canola, flax, peas, lentils and dry beans shortly before harvesting. This kills the plant by taking up the Roundup and forces the entire crop to be ready to harvest at one time. Trials have been done on corn also. Not all farmers are using this treatment on their crops, but what about the greedy ones that are poisoning the people who buy their products their crops are processed into? All this is just another reason to buy organic bread and other products with grains in them.

