



Two Registered Quarter Horses - Our Newest Arrivals

by Joanie Benson

January 2011: many parts of North Carolina were covered with snow and ice. A call came in about two registered Quarter horses in Alexander County that desperately needed to be removed from a starvation situation. But the roads were covered with ice and snow and it would not be safe to try to get to the horses to remove them. To make matters worse, one of them was reported to have terrible diarrhea which, if not stopped, can cause death of the horse.

The gal who called HPS was willing to pick up everything needed for the horses, write up our instructions for feeding, and deliver the feed, supplements and instructions to the person who had the horses. HPS was more than willing to pay for everything. The two horses HAD to be cared for until the roads were cleared and the horses could be removed. (Our heroine would not allow HPS to reimburse the money she used to purchase the horses.)



Time clicks by in slow motion when I know there are horses in trouble and we cannot get them out. Finally we received the phone call that a trailer had been secured and the horses would be brought to us on Saturday, January 15th. I am always thrilled how people will step up to help when horses are in trouble. They traveled the many hours in style, with warm blankets. Another kind couple had stepped up to help!

Our heroine was amazed at how much weight the horses had gained once they were being fed correctly. There was an issue with the caregiver once again changing the feed just before they were to leave; this caused the diarrhea to return on the thinner mare (photo on left).

The horses came with registration papers, so the evening they arrived I called the gentleman who was listed on them as the previous owner. It had just become impossible for him to continue caring for all of his horses. He had bred registered Quarter horses for years until the market for well-bred horses plummeted. Both horses were shown in halter classes for years as young mares and had placed well, including one (granddaughter of Impressive) who often placed first. He had owned the horses since they were about two years old and loved them dearly. Over the years the mares produced a total of 16 to 17 foals between them. The owner was living on a small retirement and just could not continue to provide for the horses and care for himself as costs continued to rise.

The owner gave the two mares away during the summer of 2009 to a husband and wife who had a very nice property; the wife had the horse knowledge. When the couple separated, the husband was left with the two horses. Over a short period of time, the horses' condition dropped to starvation level and around the first of December 2010, the husband gave the horses to the person from whom we got them. The new person, regrettably, was neither knowledgeable about equine care



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nor had the money to provide for them. I filled the registered owner in on all of this history, and he was heartbroken, but not in a position to take the mares back. He was thrilled to hear from me and it brought the 77-year old gentleman to tears to know his wonderful mares were now safe and would be cared for.

The 24-year old mare with the white blaze (top photo on page 1) has had some saddle training. She is about a high 2 on the body condition scoring and came to us with diarrhea. The other mare (bottom photo on page 1) is 26 years old, a descendant of Impressive, and has had no training other than what was needed to be able to be shown in halter classes. She is a high 3 on the body conditioning scale.

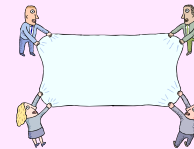
They are both very nice horses and not in as bad a condition as we usually see here. They do have large worm bellies which we are addressing, and love to be able to free-feed on our nice hay.

This is a sad story that typically does not end well for the poor horses. All too often they go from one wretched situation to another until they either die or are sent to auction.



I am so happy that HPS was able to save these two horses because of the caring of one person.

Now YOU make it possible to give a blissful ending to the story of these horses who deserve so much better than a pathetic ending to their lives.



New Year's Can Recycling Report

Well friends, we didn't make our \$1200 target for aluminum can recycling for 2010, but it's a whole new year so we get to try again. It's one of the easiest fund-raisers we've got going. All you do is collect *aluminum beverage cans* from soft drinks and beer, bring them to "Can City" at the sanctuary and you're done! Roberta, Tom & Kathy do the hard work of loading the bags and taking them to the salvage company. And if you live out of town, consider starting a recycling effort of your own with the proceeds sent to HPS. With the price of aluminum dropping, we need more cans to be able to meet the prior year's total. We took in almost \$800 in 2010, and we'd really love to be able to add \$100 per month to the HPS coffers.

Please give it a try; you'll find it takes very little effort.

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An Unlikely Flower is Ready to Bloom

By Joanie Benson

“Hi. This is Henry Hampton. I just picked up this really poor starved horse in Mecklenburg County, near Huntersville. Do you have room to take her in?”

“Of course we will take her,” is the only response I could make.

The Hamptons own the Lazy 5 Ranch on Hwy 150 east of Mooresville. This is a great place to visit and take your children or grandkids. The kids can feed all types of interesting animals like giraffes, camels, llamas and so many more. They even have a rhinoceros. <http://www.lazy5ranch.com/index.html> Henry often gets calls from Animal Control when nontraditional animals need to be picked up. Thank you, Henry, for caring about this little Arabian mare.

Prairie Flower belonged to an older gentleman who just was not able to care for her. Age, health and financial issues all contributed to her starved condition. Prairie Flower has a large belly, which tells us she has not been dewormed over the years.

I can never stress enough how *carefully* a starved horse has to be dewormed! The first class of paste dewormers, those that include the chemicals oxibendazole, oxfendazole and fenbendazole, is no longer effective and will not kill the parasites due to their having built a resistance to them. The only one that still can be used is the PowerPak for encysted larvae of the small strongyles, and instructions need to be followed *precisely*. It contains the chemical fenbendazole and has to be given in multiple doses at one time. It has been researched and works better for encysted small strongyles than moxidectin (the chemical in Quest.) Every once in a while I hear of someone still having their vet tube-deworm their horses. This is a waste of money. Research has shown that tubing is no more effective than oral dosing – and it’s certainly not worth the risk to the horse.

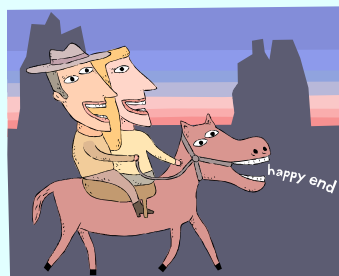


Prairie Flower is a “1” on the body condition scoring. Once in court, a defendant’s lawyer asked a vet, “What is below a one?” The vet responded, “DEATH!” HPS is expert at returning horses like Prairie Flower to full health. We lose a horse only when it has secondary conditions for which there are no treatments. In these cases, the sick horses are humanely euthanized. We have *never lost a horse* to Re-feeding Syndrome that is so common when people do not correctly feed or deworm starved horses.

It is very expensive to return horses like Prairie Flower to full health and then to get them ready for a new quality loving home. BUT all of this work pays off - - the horses are not returned to us due to any issues with the horse’s health or behavior. Our families love their horses from HPS and are amazed at how great they are when they have them at home interacting with their other horses. The families often expect to have issues when the horses leave their safe haven of the sanctuary, but our Members have done such a great job that it just does not happen, and the horses bond with their new families with only small efforts and correct handling.

Prairie Flower is not out of danger yet and will not be until she is at least a 3 on the body scoring. It is at this condition that sometimes other issues show up. If we can make it through this phase, we know all is well with our pretty new girl (well, she will be pretty again one day—in full bloom, just like her name).

Without your continuing support, none of this would be possible! Prairie Flower now has a chance for a full and happy life instead of a death sentence. Thank you so very much for caring! And please consider becoming her Angel Sponsor.



The People's Corner

HEALTH TIPS from Joanie Benson

Coming to you from Joanie's personal experiences or research

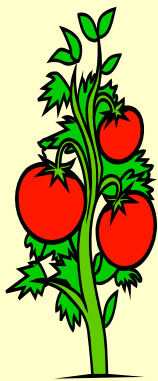
Understanding Vitamin E

The first thing to understand about Vitamin E is that it is not produced by our bodies which means it has to come from our diets or by supplement. As with any other vitamin, not all Vitamin E is created equally. Most Vitamin E supplements contain only dl-alpha tocopherol. There are some who believe that this type of Vitamin E may do more harm than good. The complete Vitamin E family is composed of 4 forms of Tocopherols (alpha, beta, gamma and delta) and four forms of Tocotrienols (also alpha, beta, gamma and delta.) If the forms of either of these start with "dl-", it indicates that the product is a synthetic. A "d-" in front means it is a natural product. To get the full benefit of Vitamin E, especially to benefit the heart, you need to be taking the full spectrum. So it's important to read the label carefully.

What are the benefits of Vitamin E? Here is the short list:

- * reduction of cellular aging; maintenance of skeletal, cardiac, musculature systems and red blood cells;
- * delay in cognitive decline;
- * anti-oxidant effects against cancer (especially prostate cancer, green tea is also good for this condition), cataracts, supports lens clarity, immune system, DNA repair;
- * helps to prevent cholesterol from converting to plaque; reduction of inflammation; speeding up wound-healing and protection against UV radiation.

The types of foods that contain Vitamin E are often not consumed every day. One tablespoon of wheat germ contains 20 milligrams of Vitamin E. The next highest food type is one ounce of roasted almonds at 7.4 milligrams, and one ounce of sunflower seeds equals six milligrams. Are you getting enough Vitamin E in your life?



Monthly Donations & Contributors

*We've said it before, and we'll say it again. Our contributors, supporters and volunteers are the **only** reasons we are able to offer sanctuary to the innocent horses whose lives have gone so wrong. We are proud to be able to serve this noble species, and we are grateful to the many Angel Sponsors who stand beside us month after month, enabling us to answer their calls for help.*

May you continue to be blessed. Thank you so for your kindness and your donations.

Karen Allred
Barbara & Hal Barnes
John M. Beam III &
Constance J. Garrett
Dr. Ronald Wachs &
Loretta Beane-Wachs
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Please use my donation for: \$ _____ Indoor Training Arena Fund \$ _____ General Use

Angel Sponsor: \$20 for 1 month \$60 for 3 months \$120 for 6 months \$240 for 1 year

Whom would you like to receive your Honor, Memorial, or Angel Sponsor (please circle)?

Name: _____ Email address _____

Phone _____ Address _____ City _____ State _____ Zip _____

Would you like the above recipient to receive "Over Herd" - **Yes** **No**
Your message for the newsletter:

****Any donation is appreciated. Please make your check payable to Horse Protection Society.**

****For a \$25 or more donation, the named person can receive "Over Herd" for 1 year.**

Mail completed form to:

Horse Protection Society, 2135 Miller Road, China Grove, NC 28023

HONORS & MEMORIALS



***Merry Christmas to Alice.
By Robert Bischoff***

***Merry Christmas to Jane Oglesby.
By Steven Oglesby***

***In honor of my friends Vicki & Peter Childers
of Mebane, NC. Have a great Christmas!
By Angie Rosenberger***

In honor of Ally Wainright and her love for all animals
By Sheila J. Saints

*THANK YOU to Abby Klutz who collected donations to
help the horses!*

In honor of Tommy and Spencer Register
By Loretta and Ronald Wachs

*In honor of Elizabeth Richardson
By Michael Pawlyk*

In Memory of Navajo
By
Jennifer Zirt
Roberta McCardle

Happy Birthday 2011 to The Nah Nah Sisterhood –
Margie Gallman, Judy Smidt and Sondra Thorson

*In honor of Susie Lurz's birthday
By Kimberly and Ruben Villarreal*

Happy Birthday to Betty Lentz
By Floyd Lentz

In memory of Jan Eutsler Smith
By Anne N. Kenny