



# OVER HERD

December 2014

## Brrr, It's Cold Out There!

The horses love the cold weather but we humans have to put on more and more layers to keep warm! The freezing weather also means more work each feeding.

So much extra care has to be taken at the sanctuary when the temperatures drop to freezing. All of the tubs need heaters to keep the water from freezing and all of them are plugged into GFI outlets to help keep the horses and volunteers safe. We usually have a couple go bad each winter so we try to ensure that extras are on hand.

Each hose that provides water to the tubs has to be disconnected and drained to prevent freezing. Our on-demand hot water heater is set up to drain if the correct valves are opened. Last winter someone forgot to drain it and it froze and was beyond repair. It cost us about \$500 to have it replaced. Hot water is needed to soak the alfalfa cubes for the horses that need them to provide higher protein for them. All older horses benefit from the soaked alfalfa cubes as well as any horse in rehab.

The higher protein helps them to put on muscle and the older ones to keep the muscle they have developed.

All the feed buckets have to be washed and dried after each feeding. It is not a pleasant job in the winter; especially at night when temperatures fall to their lowest levels.

It always seems we have more trouble with the electric fencing during the winter. Keeping the fences hot so the horses will remain in the areas where they are supposed to be is more difficult. The horses love the cold weather and it may be due to them being friskier. The fences have to be checked often to make sure they are fully charging. *(Cont. on Page 2)*



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## News from the Herd

**Sonoma** finished his EPM treatment and is doing well. He was retested and is doing fine. We will need to retest him in about 8 weeks since one of his numbers is higher than we want to see.

**Stetson** has been treated twice for EPM. Finally his titers are way down. He has a phobia of being loaded on a trailer and we are working to overcome the issue. He was in a trailer accident before we got him. We have backed the truck and trailer into the field and little by little we are moving his feed tub into the trailer. This big boy loves to eat and we hope his will help to get him over his fear.

**Sonoma** had gas colic and it was quickly remedied with tubing and sedation.

**Hopi** had a choke and it had dissipated by the time the vet arrived.

**Rabies Vaccination** was given to 24 of the horses that needed it. We divide the herd into two groups so we do not have all the expense at one time.

**Medical needs** costs HPS each month. We order 12 tubes of triple antibiotic eye ointment at a time so we do not run out. Pergolide powder is needed for the Cushing's horses to keep them from health threatening issues. It cost \$1.00 a dose and about \$200.00 when we order two containers. (We go through it faster with the number of horses that need Pergolide.)

*Thank you for making the needed treatments and medications possible for the rescues. Any size donation is so needed!*

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## **Brrr, It's Cold Out There!** *(cont. from Page 1)*

It is not unusual to see five or six horses lying flat out on the ground soaking up the sun. One would think that the ground would feel really cold to them, but they really love lying in the sun.

We took in three ducks during the summer. The people who had them lived in town and could not believe the mess that three ducks made in the house. There was one baby Mallard duck and two immature India Runner ducks and the Mallard left when the other ducks went further South. India Runner duck cannot fly and they have amused us since they arrived. A wild Mallard hatched her eggs late and the four babies were not mature enough to leave with the other wild ducks. They are wintering over at the sanctuary. We feed our free ranging chickens all winter and all the ducks come and help themselves. They spend most of their time at the pond. We hope all of them can stay safe from predators.

Pumpkin and Zucchini, the two rescued kitties have grown wonderful coats. They spend most nights in the kitty huts in the feed room. Turk, our rescued life stock guard dog, also seems to enjoy the cold weather. He has a great indoor shelter with a dog bed and a huge pile of hay. He spends most of his time outside and is a lot more active now that it is cold.

All the creators at the sanctuary need care and we want to be able to provide for all their needs. We can only provide for two rescued kitties and two rescued dogs. The other dog is a house guard dog and is great company. She is coming 11 years old and has not been with us for even a year. She lets me know when a strange vehicle pulls in the drive.

The volunteers are the only ones not enjoying the cold weather.

*Thank you for making it possible to rescue horses in need!*

## Honors and Memorials

Merry Christmas in honor of my friends. By Spunky Dagenhart

In memory of Alice Raye Grisdale, a special woman of true faith, love and genuine compassion for all people and animals. She was one of a kind and will be missed dearly. By Sonya & Todd Eury

In memory of my husband , Bud, who always encouraged me to pursue my love of horses. By Ann Whitworth

In loving memory of my mom, Cecie Tomlinson. By Debra Rockett

Happy Birthday with love to Susan Williams. By The Rockett's

Happy Birthday, Darling Daughter - November 11th. By Becky D. Lyerly

In loving remembrance of the best parents ever. Love you always, Pam Laferty Currie

In memory of my parents and infant daughter. By Gloria Berthelsen

Merry Christmas to Michael and Olly Wiebe. By Dianne Doub

Julie Stubbs had her friends and family donate needed items to HPS and her Birthday money.  
Thank you from the rescued horses.



### A Special Thanks To Our Wonderful Contributors

Linda & Bob Anderson  
Missy & Douglas Anderson  
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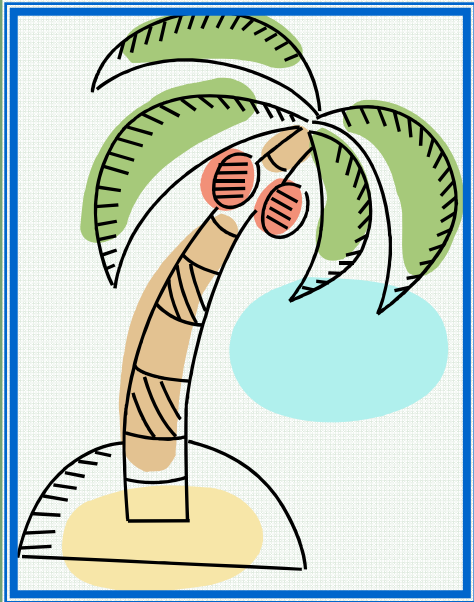


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### Health Tips



Finally after years and years of use, the seriously dangerous and potentially life threatening issues from over the counter acne products are being recognized. The toxic ingredients are benzoyl peroxide or salicylic acid. In 2012 44% of the consumers reporting detrimental health issues had to be hospitalized.

Acne is the most common skin disorder in the US and can affect people of all ages. Fortunately, two foods found in nature, aloe vera and coconut oil are proven to treat acne effectively and without side effects.

Virtually all cultures that had contact with aloe vera came to recognize its significant skin-boosting properties over time, and it remains a popular natural remedy for treating skin issues such as eczema, psoriasis, burns and rashes. (*The Journal of Dermatological Treatment* has discovered that aloe vera is also effective at treating acne. Only buy pure aloe vera gel.

Like aloe vera, coconut oil is beloved for its skin-boosting properties, and is used throughout the world as an anti-aging cream, natural sun-block, lip gel, moisturizer and massage oil. It is also effective at treating

skin disorders, and is shown to combat blisters, pimples, sores, rashes and more. Chinese researchers found that the main saturated fatty acid in coconut oil, lauric acid, possessed even stronger antibacterial activity against acne than palmitic acid or oleic acid. Coconut oil releases the lauric acid directly into the bacterial membranes, thereby killing the bacteria effectively. Only buy cold pressed organic coconut oil.