



OVER HERD

Building a Relationship with your Horse

The Horse Protection Society uses a very different type of training than you will find in almost all training facilities. Most of the horses that come to HPS have been under saddle, but never trained correctly. The problems we encounter and have to overcome are numerous: saddles did not fit correctly, damaged withers from poor saddle fit, sore backs, very rough handling, yanking on the bit, poor riding by past owners and of course starvation.

All of the above causes the horses to not trust being ridden and the horse expects to be hurt. The horses have to learn to trust and bond with people, sometimes for the first time in their lives. Robyn Martin and her daughter Kelly teach the volunteers how to build bonding and build trust. They have been helping at the sanctuary for about nine years.

This is a story of one of the volunteers, Kim Sadler and Autumn. Autumn came to the sanctuary in the fall of 2009 (see photo at right) starved and mishandled.

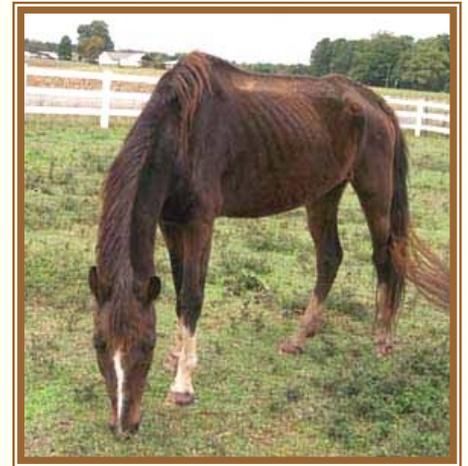
Autumn had been profoundly mentally damaged and would bite and kick out at the volunteers. Everyone had to be careful around her.

Just getting Autumn to the training arena was sometimes a challenge to be patient and allow her to make up her mind that it was going to be okay. With the type of training we do and the ground work, there is no tugging or pulling on the halter. We want the horse to want to follow the person. You have to build a partnership with the horse having a say in what is happening.

Autumn spent a good bit of time just standing and looking around while Kim gently invited Autumn to follow her at first. Autumn's trust in Kim built slowly and Kim would go out in the field and just sit close to Autumn and be part of the herd. After a time, Autumn would come and greet Kim when she saw her.

The following is excerpts from Kim's own words:

"I think everyone at HPS had high doubts in Autumn, (myself included), with the exception of Joanie and Robyn. She was definitely not my favorite when Robyn asked me to start working with her...seriously! My first meeting with her she tried to bite and kick me in one quick graceful move. But we bonded through training. She taught me patience and I taught her trust. I was out there for a bit this evening a little late. I just need to see Autumn. (Cont. on Page 4)



Unbelievable!!

The court case in Lincoln County concerning Lazarus, Rising Sun and Black Velvet was scheduled for July 21st at 2:00 pm. I received a call at 11:30 am from the District Attorney's office informing me of *another* postponement.

You may understand why I hate to be involved with a court case. HPS would rather have the owners' surrender the horse/s and then we turn the abusers over to God. He is more creative than we will ever be and let him determine their punishment for hurting one of his creatures. If Animal Control wants to prosecute the abusers, we will do our part, if asked.

At least in this situation there is no concern for the horses being returned to the abuser.

News from the Herd

Why is it that the horses always seem to pick the weekends or after normal office hours to do something to themselves? We have explained to the horses that after hours, emergency visits and weekend veterinarian visits cost us more. We cannot seem to get through to the horses about the additional costs.

The Training Program for the horses is going great and the horses presently being worked with are progressing great. The Indoor Training arena makes this possible in the hot weather.

Rain hurt herself and needed a veterinarian visit. She was given a long lasting antibiotic to make things easier for the volunteers. She is not the easiest horse to work with.

Red Cloud also needed a wound cleaned and sedation. Just an Aluspray Aerosol bandage was needed.

Autumn poked an artery on her face and had to have minor surgery to close it. Dr. Bob Gochnauer sewed a pack on top to keep Autumn from rubbing it open again. It worked perfectly and she healed great.

Kit Carson's eye continues to heal. He has been taken off the atropine and it takes two to three weeks for his eye not to be dilated. A fly mask with a patch to protect his eye has to remain until his eye is no longer dilated to keep the light out. He is a good patient and many horses would not be as excepting to the long confinement in the hospital stall. He needed several rechecks by Dr. Mary Gochnauer to make sure the eye was healing correctly.

Hopie had a gas colic and recovered quickly.

The month's vet bill was \$3,231.00 and it included putting in the lavage system for Kit Carson's eye. It of course had the vet supplies needed at the sanctuary for the horses, also. Ouch!

Honors and Memorials

In memory of Kipling. By Laura Willis

Stardust, My daughter, Laura volunteers at HPS. On a recent visit I met Stardust and haven't been able to get her off my mind. What a beautiful sweet horse.

Thank you so much for all you do for the horses. By Mary Warner

In memory of Mrs. Betty Laferty. By Carolyn Tice

"In honor of Sybil Athey's birthday from Dottie and the H.P.S. horses that Sybil loves and helps to feed."

In memory of Mom Ruth's 82nd birthday! By Jill & Charles Messer, Jr.

In honor of Richard Donovan and thank you for all you do. By William Donovan Jr.

"In Loving Memory of the gallant Angel Le Houef, true friend. August 19, 2002." By Roberta

It's good to have people like you. By Dorothy Holmes

In honor of Courtney Wood on the occasion of her birthday. By Brenda & Gerry Wood

In memory of Garnett C. Martin. By Kimberly Hardiman

In loving memory of my Dad, Eugene Mills By Stephanie Mills

A Special Thanks To Our Wonderful Contributors

Sybil P. Athey
Tony J. Bell
Gloria M. Berthelsen
Judy Blackmon
Sandra J. & Melvin E. Boaz
Teresa M. & John Bonk
David Brown
Brown Hobbie
Susan Buzza
Pam & Steven Carlton
Frances B. Caudle
Kathryn V. Clancy
Richard J. Conlan
Spunky Dagenhart
William J. Donovan Jr.
Ronda H. Duncan
Sandra Fisher
Patti Flaherty
Donna Frescatone
Ann Gabrielson
Janice Gavin
Kim Hardiman
Ann C. Harvey
Brenda & Charles Hemperley
Dr. Leslie C. Henson
Dorothy O. Holmes

Amber Hozey
Helen Kelleher
Randi Kinney
Nancy Kirkner
Carolyn Kirsh
Gerry Layson
Judy & Mike LeGrett
Katherine Lofgren
Susie Lurz
Myra Mahoney
Roberta McCardle
Rosemarie Menegay
Jill L. & Charles Messer, Jr.
Norma Miller
Debbie O. & Mike Morris
Christopher Nalabe
John & Joan Orth
Laurie Pessier
Melissa Pletcher
Cheryl A. Powers
Regan Realon
Dottie Rebhan
Betsy & Harold Rhoads
Jane & Mark Ritchie Family Fund
Holly & John Robins Family Founda-
tion

Dr. Robert H. Schantz
Harriet A. Seabrook
Gail Shinn
Glenda Sistare
Lisa M. Slatt & Alan Spanos
Wendy & Sophie Tener
Carolyn J. Tice
Elaine D. Towner
Rita Tucker
Rita A. & George Tucker
Michelle & Stephan Ugolini
Sandra E. Van Dyck
John Vinal
Glenda S. Walters
Mary Warner
Barbara White
Barbara White
Susan Williams
Laura A. & David Willis
Julie & Keith Wilson
Brenda J. Wood
Linda Yarrington

Health Tips

Many of you may remember that in 2013 the FDA decided, finally, that trans fats weren't fit for human consumption. Two years later the FDA finally banned them, but the ban is not effective until 2018. Trans fats cause cardiovascular disease and other chronic health issues.

Your only hope to avoid the synthetic poisons is to not buy processed food or ingredients listed as "hydrogenated." Even foods listed as "zero grams of trans fat per serving" are allowed to have a percentage of trans fats.

Here are some of the things to avoid: Microwavable popcorn, cake and cupcake frosting, French fries from fast food restaurants, margarine, and tubes of biscuit and cookie dough, packaged cookies, package crackers, doughnuts and package snack foods, like chips.

Trans fats come from the lab and food manufactures previously used naturally shelf stable fats and oils like lard, which is derived from natural animal fats, butter palm oil and coconut oil. The saturated fats support hormone maintenance and brain function.

The food manufacturers will still be able to petition the FDA to use trans fats for "specific uses." (What does that mean?)

Each person is responsible for their health and if you are the person buying groceries for your family, you are responsible for the family's health. Forgo the trans fats and GMOs.



Donation From: _____ Phone# _____

Address _____ City _____ State _____ Zip _____

Email address: _____ Please use my donation for \$ _____ **General use.**

Angel Sponsor: \$20 for 1 month \$60 for 3 months \$120 for 6 months \$240 for 1 year

Whom would you like to receive your Honor, Memorial, or Angel Sponsor (please circle)?

Name: _____ Email address _____

Address _____ City _____ State _____ Zip _____

Your Message for the newsletter: _____

**Any donation is appreciated. Please make your check payable to Horse Protection Society.

**For a \$25 or more donation, the named person can receive "Over Herd" for 1 year.

www.horseprotection.org



Horse Protection Society
2135 Miller Road
China Grove, NC 28023

PRSR STD
NONPROFIT
U.S. POSTAGE
PINEVILLE, NC
PERMIT NO. 45

Address Correction Requested

Building a Relationship (Cont. from Page 1)

I do wish you could have seen her. She was way out at the hay in the pond field. I walked out there and stopped several times along the way to speak to the other horses I passed. I was scratching her and talking to her telling her about my day and it was like she understood me. When I walked away she started following. So I jogged and she did too. Then here comes Cloud and Commodore too. I stopped jogging because Cloud shouldn't be doing that right now because of her knee. Autumn pushed me in the back with nose, so I looked back at her and she tossed her head and snorted. So I jogged again and she shook her head up and down, neighed and jogged too. Whatever pace I went, so did she. She did that all the way back to the barn. She was so playful tonight. I wish I had it on video. When I tell people, they will never believe that Autumn did that!

Too many people do not use enough patience and that's often all that it takes along with love and listening to your horse. Now, that girl has my complete heart. Autumn does make it known that she is a one person horse, she lets you know she trust you and loves but... she also makes sure you know that you have to work for it and earn it. But once you have it, you'll have it for life and that is the best feeling in the world."

Kim has gone the extra mile with Autumn and from this point on wonderful changes can take place with her and Kim will be able to teach her anything. You have to laugh and play, having fun with the horse. Through the gentleness, you do become the leader since every horse wants a leader they can trust. Kim's strength and patience has won Autumn over.

Is Autumn ready for a new home? No! She would be resentful for being taken away from Kim at this point. Autumn finally has a special human friend, who understand her and accepts her for who she is.

